

Hospitals and Doctors in the Monterrey Area

(Revised May 28, 2020)

This list of hospitals and doctors has been prepared by the Consulate General of the United States of America in Monterrey, Mexico for the convenience of United State citizens seeking assistance in obtaining medical services. It is not intended to be a complete list of all competent doctors in the area.

The American Consulate General of Monterrey assumes no responsibility for the professional ability or integrity of the persons or medical facilities whose names appear on the list. It has been arranged in alphabetical order by specialty and surname.

Medical Centers and Hospitals

Hospitals in Coahuila de Zaragoza

Hospital Universitario de Saltillo

Calzada Francisco I. Madero #1291, Zona Centro
Saltillo, Coahuila de Zaragoza, México C.P. 25000
Telephone: (844) 411-3000 to 05

Centro Hospitalario La Concepción

Blvd. Venustiano Carranza #4036, Col. Virreyes Residencial
Saltillo, Coahuila de Zaragoza, México C.P. 25230
Telephone: (844) 450-6000 & 844-416-1022
Email: info@laconcepcion.com.mx

Christus Muguerza Saltillo

Carretera Monterrey-Saltillo Km. 4.5
Saltillo, Coahuila de Zaragoza, México C.P. 25204
Telephone: (844) 411-7000
Emergencies: (844)411-7070

Hospital Universitario

Ave. Juárez #951 Oriente, Zona Centro
Torreón, Coahuila de Zaragoza, México C.P. 27000
Telephone: (871) 713-4416 & 713-4833
Fax: (871) 722-0897

Hospitals in Durango

Hospital Materno Infantil de Durango

5 de Febrero y Norma Fuentes S/N, Zona Centro
Durango, Durango, México C.P. 34000
Telephone: (618) 813-0011

Hospital San Jorge

Prolongación Lazaro Cardenas 249 Sur
Durango, Durango, México C.P. 34080
Telephone: (618) 817-2330

Hospital General de Gomez Palacio

Las Palmas 2 & Héroe de Nacozari s/n
Gomez Palacio, Durango, México C.P. 35050
Telephone: (871) 714-5522, 5858 & 5959
Fax: (871) 714-7055

Hospitals in Nuevo León**Hospital San José Tec de Monterrey**

Av. Morones Prieto # 3000 Poniente, Col. Los Doctores
Monterrey, Nuevo León, México C.P. 64710
Telephone: (81) 8115-1515
Emergencies: (81) 8347-6334
From abroad: +1 (866) 475-6334

Hospital San Vicente

Av. Ruperto Martinez Poniente # 1200, Col. Centro
Monterrey, Nuevo León, México C.P. 64000
Telephone: (81) 8345-7777

Hospital Angeles Valle Oriente

Frida Kahlo # 180, Col. Hacienda de la Sierra
San Pedro Garza García, Nuevo León, Mexico C.P. 66260
Telephone: (81) 8368-7777
Emergencies: (81)8368-7731

OCA Hospital

Pino Suárez # 645 Norte, Col. Centro
Monterrey, Nuevo León, México C.P. 64000
Telephone: (81) 8262-0000, 8865-7500

Christus Muguerza Hospital Alta Especialidad

Av. Hidalgo # 2525 Poniente, Col. Obispado
Monterrey, Nuevo León, México C.P. 64060
Telephone: (81) 8399-3400

Christus Muguerza Hospital Conchita

15 de Mayo # 1822 Poniente, Col. María Luisa
Monterrey, Nuevo León, México C.P. 64040
Telephone: (81) 8122-8122
Emergencies: (81) 8122-8122 Ext.6446

Christus Muguerza Hospital Sur

Carretera Nacional # 6501, Col. La Estanzuela
Monterrey, Nuevo León, México C.P. 64988
Telephone: (81) 8155-5000
Emergencias: (81) 8155-5043

Doctors Hospital

Ecuador # 2331, Col. Balcones de Galerías
Monterrey, Nuevo León, México C.P. 64620
Telephone: (81) 5515-5000
Emergencias: Exts. 3126, 3128.

Hospital Civil José Eleuterio Gonzalez (a.k.a. Hospital Universitario)

Av. Calzada Madero y Av. Gonzalitos S/N, Col. Mitras Centro
Monterrey, N.L. México C.P. 64460
Telephone: (81) 8389-1111

Hospital Metropolitano Dr. Bernardo Sepúlveda

Ave. López Mateos # 4600, Col. Bosques de Nogalar
San Nicolás De Los Garza, N.L., México C.P. 66480
Telephone: (81) 8305-5900 to 39
Emergencias: Ext. 19342.

Hospital San Lucas de Monterrey

Ave. La Clínica # 2565, Col. Sertoma
Monterrey, N.L., México C.P. 64710
Telephone: (81) 8348-88-67, 8348-87-73, (81) 1052-3428, 1052-3439

Centro Médico Osis

Av. San Pedro # 804, Col. Fuentes Del Valle
San Pedro Garza García, N.L., Mexico C.P. 66220
Telephone: (81) 8378-54-00, 8378-54-66, (81) 8378-36-58,
Website: <https://www.osis.mx/>

San Jose Centro Medico

Dr. Cantú # 300, Col. Los Doctores
Monterrey, N.L., México
Telephone: 8346-9000 to 09
Fax: (81) 8347-5123

Centro de Especialidades Médicas

José Benítez # 2704 Poniente, corner with Mendirichaga street, Col. Obispado
Monterrey, N.L., México C.P. 64060
Telephone : (81) 80 31 32 13

Centro Médico Mugerza

Hidalgo Poniente # 2525, Col. Obispado
Monterrey, N.L., México C.P. 64060
Telephone: (81) 8399-3400
Website: <https://www.christusmuguerza.com.mx/>

Hospital San José

Av. I. Morones Prieto # 3000 Poniente, Col. Los Doctores
Monterrey, N.L., México, C.P. 64710
Telephone: (81) 8115-1515 & 8347-1010
Website: <http://www.hsj.com.mx/>

Centro Profesional Delta

Ave. La Clínica # 2520, Col. Sertoma
Monterrey, N.L., México C.P. 64718
Telephone: (81) 8348-2934 / 35
Website: <http://condominiodelta.com.mx/>

Clínica Monterrey

Padre Mier 321 Poniente & Pino Suárez Col. Centro
Monterrey, N.L., Mexico C.P. 64000
Telephone: (81) 8343-2050 to 59

Hospital y Sanatorio Montemorelos La Carlota (a.k.a. Centro Médico Montemorelos)

Camino Al Vapor # 209, Col. Centro (four blocks from Carretera Nacional)
Montemorelos, N.L., México C.P. 67500
Telephone: (826) 263-3188, 263-3404, 263-3328,
(826) 263-3060, 63-3425 & 263-3430
Website: <http://hospitallacarlota.com/>

Hospitals in San Luis Potosí**Hospital Central “Dr. Ignacio Morones Prieto”**

Ave. Venustiano Carranza # 2395, Col. Universitaria
San Luis Potosí, San Luis Potosí, México C.P. 78290
Telephone: (444) 834-2700 to 03

Hospital General de Ciudad Valles

Carretera México-Laredo Km. 7, corner with Ángel Oliva street, Col. Oxitipa
Ciudad Valles, San Luis Potosí, México C.P. 79090
Telephone: (481) 382-8170
Fax: (481) 381-3451 ext. 204

Hospital Rural No. 14 de Oportunidades IMSS

Carretera Central Km. 617 (upfront Hotel Las Palmas)
Matehuala, San Luis Potosí, México C.P. 78715
Telephone: (488) 882-0152

Hospital Ángeles Centro Médico Del Potosí

Antonio Aguilar # 155, Col. Burócratas del Estado
San Luis Potosí, San Luis Potosí, México C.P. 78213
Telephone: (444) 813-3797
Website: <https://hospitalesangeles.com/potosi/>

Hospitals in Zacatecas

Centro Hospitalario de San José

Ramon Lopez Velarde 304, Zacatecas Centro, 98000 Zacatecas, Zac.
Telephone: (492) 922-0226
Fax: (492) 922-0226 ext. 200
Website: <http://sanjosehospital.com.mx/>

Dermatology

Dr. Carlos Assad Morell

Autonomous University of Nuevo León
Language: English, Spanish

Clinica DermAssad
Moll Del Valle
Calzada del Valle # 400, Planta Baja Local 44, Col. Del Valle
San Pedro Garza García, Nuevo León, México C.P. 66220
Office: (81) 8335-7065 or 66, (81) 1768-8828
Email: clnicadermassad@hotmail.com
Website: www.dermassad.com

Dr. Oliverio Welsh Lozano

Autonomous University of Nuevo León
Language: English, Spanish

Centro de Especialidades Médicas
J. Benítez # 2704, Col. Obispado
Monterrey, Nuevo León, México C.P. 64060
Office Hours: 14:45 - 20:00
Office: (81) 8333-1466 & after 3:00 p.m. 8333-0107
Fax: (81) 8333-2993
Home: (81) 8338-4900 & 8338-4514

Dentistry

Dra. Hilda Fidalgo & Dra. Alejandra Fidalgo.

Specializing In: General Dentistry Periodontist (Children's Dentist)

Autonomous University of Nuevo León, 1959

Language: English, Spanish

Loma Alta # 329 esquina con Loma Jardín, Col. Loma Larga

Monterrey, Nuevo León, México C.P. 64710

Office Hours: 15:00 - 18:30

Office: (81) 8342-9928

Home: (81) 8345-3145

Email: hildafidalgo@hotmail.com

Dr. Bernardo Garza

Specializing In: Restorative dentistry

Harvard University, 2000

Language: English, Spanish

Rio Missouri 103-B Col. Del Valle

San Pedro Garza García, Nuevo León, México C.P. 64634

Office: (81) 8100-9899

Home: (81) 8192-0160

WhatsApp: (81) 8166-6804

Email: implantesdentales@gmail.com

Dr. Luis Alfonso Montalvo

Specializing In: General Dentistry & Orthodontist

Autonomous University of Nuevo León, 1971

Language: English, Spanish

Plaza 401

Calzada Del Valle # 401, Local E4, Col. Del Valle

San Pedro Garza García, Nuevo León, México C.P. 66220

Office: (81) 1366-5757

Email: poncho.montalvo@yahoo.com.mx

Dr. Juan Ángel Martínez González

Specializing In: General Dentistry

Autonomous University of Nuevo León, 1952

Language: English, Spanish

Mol del Valle

Calzada del Valle # 400, Office 818

San Pedro Garza García, Nuevo León, México C.P. 66220

Office: (81) 1052-4550 / 51

Cellphone: 818-088-6962

Email: perio@prodigy.net.mx

Dr. Alejandro Muraira Flores

Specializing In: General Dentistry, Pedodontist & Children's Dentist
Autonomous University of Nuevo León, 1983

Centro Médico Obispado
Hidalgo # 2530 Poniente, office 312, Col. Obispado
Monterrey, Nuevo León, México C.P. 64060
Office: (81) 8333-8756
Home: (81) 8333-9946
Cellphone: 811-240-6279
Email: alejandromuraira@gmail.com

Dr. Eugenio Porte

Specializing In: General Dentistry Protodontist (Prothesis)
Autonomous University of Nuevo León, 1971
Language: English, Spanish

Calzada San Pedro # 204 Sur, Col. Del Valle
San Pedro Garza García, Nuevo León, México C.P. 66220
Office:(81) 8335-0215 & (81) 8335-0132
Emergencies: (81) 1524-2341

Gastroenterology

Dr. Leonel Rodríguez Reyna

Autonomous University of Nuevo León, 1965
Language: English, Spanish

Centro Medico San Jose.
Dr. Cantú # 300, Col. Los Doctores
Monterrey, Nuevo León, México C.P. 64710
Office: (81) 8346-9000 ext. 131 & 8333-1450

Gynecology and Obstetrics

Dr. Heriberto Reyes Vidales

Specializing In: Gynecology and Obstetrics
Autonomous University of Nuevo León, 1969
Languages Spoken: English, Spanish

Centro Médico Conchita
15 De Mayo # 1822 Poniente, 4th Floor, Room 402, Col. Maria Luisa
Monterrey, Nuevo León, México C.P. 64000
Office (81) 8347-0256
Home: (81) 8315-2826
Cellphone: 818-162-2501
Email: drheribertoreyesv@yahoo.com

Internal Medicine

Dr. Mario César González

Specializing In: Cardiology, Internal Medicine
Autonomous University of Nuevo León, 1961
Languages Spoken: English, Spanish

Centro Profesional Delta
Av. La Clínica # 2520, Rooms 405 & 406, Col. Sertoma
Monterrey, Nuevo León, México C.P. 64718
Office Hours: 10:00-12:30 & 3:00-6:00
Office: (81) 8648-88-11,8348-7495
Home: (81) 8335-5411
Cellphone: 818-287-8607

Dr. José Fernando Castilleja

Specializing In: Internal Medicine and Critical care
Language: English, Spanish

Hospital Zambrano Helión – Room 2.
Batallón de San Patricio 112, 6th Floor, Col. Real San Agustín
San Pedro Garza Garcia, Nuevo León, México C.P. 66278
Office: (81) 8888-0653
CellphoneCellular:044-818-3636-7157,
Cellphone – Doctor’s Assistant: 818-276-6242
Email: fernando.castilleja@medicos.tecsalud.mx

Ophthalmology

Dr. Jesús Santiago Vidaurri Leal

Specializing In: Ophthalmology, Retina Sub-Specialty
Autonomous University of Nuevo León, 1977
Languages Spoken: English, Spanish

Centro Médico San José
Av. I. Morones Prieto # 3000 Poniente, Room 901, Col. Los Doctores
Monterrey, Nuevo León, México C.P. 64710
Office Hours: 8:00am-7:30pm
Office: (81) 8333-5030 / 31 / 32, (81) 8151-3600 & 8333-5541
Fax: (81) 8333-4601
Home: (81) 8363-0844

Otorhinolaryngologist (Ear, Nose, Throat Specialist)

Dr. José de Jesús Rodríguez Martínez

Specializing In: Ear, nose and throat

Languages Spoken: English & Spanish

Hidalgo # 2601 Poniente, Col. Jardín Del Obispado
Monterrey, Nuevo León, México C.P. 64050

Belisario Dominguez 2725 Suite 106 Jardin, Col. Obispado.
Monterrey, Nuevo León, Mexico C.P. 64050

Office: (81) 8346-2228, 8333-2345

Email: drjesusrodriguez@yahoo.com.mx

Dr. Carlos Salinas

Specializing In: Ear, nose and throat

Autonomous University of Nuevo León

Languages Spoken: English, Spanish

Doctors Hospital – 7th floor, Office 703.
Calle Ecuador 2331 Col. Balcones de Galerías
Monterrey, Nuevo León, México C.P. 64620

Office: (81) 8346-6130

Cellphone: 811-660-1927

Email: dr.salinas.ori@gmail.com

Dr. Alejandro Camelo Schwarz

Specializing In: Ear, nose and throat

Autonomous University of Nuevo León

Languages Spoken: English, Spanish

Rio San Juan # 103, 2nd Floor, Col. Miravalle
Monterrey, Nuevo León, México C.P. 64660

Office: (81) 8356-7244 & 8356-8213

Email: acameloschwarz@gmail.com

Plastic Surgeons

Dr. Víctor Manuel Díaz Manjarrez

Specializing In: Plastic Surgery
Autonomous University of Nuevo León 1970
Languages Spoken: English, Spanish

Centro Médico San José
Av. I. Morones Prieto # 3000 Poniente, Offices 208-2010, Col. Los Doctores
Monterrey, Nuevo León, México C.P. 64710
Office: (81) 8333-9292
Cellphone: 81-8031-9210
Email: vmdiazmanjarrez@gmail.com

Dr. David Kirsch Kleiman

Specializing In: Plastic Surgery
Autonomous University of Nuevo León 1972
Languages Spoken: English, Spanish

Edificio Delta
Av. La Clínica # 2520, Office 201, Col. Sertoma
Monterrey, Nuevo León, México C.P. 64718
Office: (81) 8346-5623, 8346-6317
Landline phone in USA: 305-359-5377
Cellphone: 818-252-2608
E mail: drdavidkirsch@gmail.com

Dr. Arnulfo Sepúlveda Nieto

Specializing In: Plastic Surgery
Autonomous University of Nuevo León 1978
Languages Spoken: Spanish

Centro Médico Metropolitano
Av. Del Hospital 110, Room 303, Col. Sertoma
Monterrey, Nuevo León, México C.P. 64718
Cellphone: 818-253-4516
Email: artesmedicas@live.com.mx

Psychiatry and Psychology

Dr. Jesús Garza Perez

Specializing In: Psychiatry
Autonomous University of Nuevo León 1963
Languages Spoken: Spanish

Centro Medico Inglés
Sertoma # 203 Sur, Room 402, Col. Sertoma
Monterrey, Nuevo León, México C.P. 64718
Office Hours: 10:00-19:00 Mon-Fri, Sat 09-00 – 13:00
Office: (81) 8333-1409
Cellphone: 811-545-2191
E-mail: jgarzap@yahoo.com.mx

Physical Therapist

Dr. Hernán C. Flores Carlos

Specializing In: Physical Therapist
University of Monterrey 1976
Languages Spoken: English, Spanish

Av. Jose Vasconcelos 345, suite 225 Col. Santa Engracia.
San Pedro Garza Garcia, Nuevo Leon, Mexico. C.P. 66267
Office: (81) 8348-5584, 8348-1690, 8478-7866
Email: hernan@drhernanflore.com

General Surgery

Dr. Ignacio Javier Guzmán Valdez

Specializing In: General Surgery & Vascular Surgery
Autonomous University of Nuevo León 1972, FACS Minnesota University
Languages Spoken: English, Spanish

Centro Médico Muguerza
Hidalgo Poniente Room 305, Col. Obispado
Monterrey, Nuevo León, México C.P. 64060
Office: (81) 8333-0838, 8882-9238
Home: (81) 8303-3648
Email: driguzman@hotmail.com

Urology

Dr. Luis Fernando Guzmán De La Garza

Specializing In: Urology, Pediatric Urology
Autonomous University of Nuevo León
Languages Spoken: English, Spanish, French

Centro Médico San José

Av. I. Morones Prieto # 3000 Poniente, Consultorio 106, Col. Los Doctores
Monterrey, Nuevo León, México C.P. 64710

Office Hours: 16:00-20:00

Office & Fax: (81) 8348-0659 & 8143-0109

Radio: (81) 4774-1111 clave 542212

Home: (81) 8363-1264

E-mail: drlfguzman@gmail.com

Dr. Angel Martínez Villarreal

Specializing In: Urology
Autonomous University of Nuevo León, 1968
Languages Spoken: English, Spanish

Centro Médico San José - , 1st Floor, Room 101

Av. I. Morones Prieto # 3000 Poniente, Col. Los Doctores.
Monterrey, Nuevo León, México C.P. 64710

Office: (81) 8348-1291

Radio: (81) 8333-3152

Email: consulmedic_1@hotmail.com

Pediatricians

Pediatras Asociados: Dr. Francisco Lozano Lee, Dr. Alfonso Garza Rodriguez, Dr. Oscar Valencia.

Languages Spoken: English, Spanish

Centro Médico del Hospital San José

Av. Morones Prieto # 3000, 3rd Floor, Room 301, Col. Los Doctores.
Monterrey, Nuevo León, México C.P. 64710

Office: (81) 8888-0704 / 05

Emergencies Cell Phone: 818-254-2517

Email: ruth.resendez@externos.tecsalud.com

Dr. Alfonso E. Garza Rodríguez

Specializing In: Pediatrics

Autonomous University of Nuevo León, 1966

Languages Spoken: English, Spanish

Hospital Zambrano Hellion – 7th floor, 7th room.

Batallón de San Patricio 112 Col. Real de San Agustín.

Monterrey, Nuevo León, México C.P. 64710

Office: (81) 8888-0704 / 0705

Home: 81) 8333-3852

Cellphone: (818) 254-2517

Veterinarians

Dr. Carlos Alberto Martínez Garza

Sierra Madre Hospital Veterinario

Rio La Silla # 245, Col. Del Valle

San Pedro Garza García, Nuevo León, México C.P. 66220

Office: (81) 8378-4747, 8378-4748

Emergencies: 81-8063-7657

Email: contacto@hvsm.com